



Tuesday Chat & Cheer up

Come along every other Tuesday starting on the 25th September to share breakfast and chat about well-being with other parents in your child's school.

Introduction	Tues 25 th Sept	9am – 10.30am
Connect	Tues 9 th Oct	9am – 10.30am
Keep Learning	Tues 23 th Oct	9am – 10.30am
Halloween		
Be Active	Tues 13 th Nov	9am – 10.30am
Take Notice	Tues 27 th Nov	9am – 10.30am
Give	Thurs 13 th Dec	9am – 10.30am

The Tuesday morning group will be facilitated by Karen our Parent Engagement Worker.



Take5 steps to wellbeing



www.makinglifebettertogether.com

To confirm attendance please contact school office on (02890869252).